



FALL/SPRING 2026-2027 PRACTICE Schedule

ONE TEAM. ♥ ONE DREAM. ♥ AGA STRONG!

TEAM	DAYS	TIME
♥ PRE-TEAM	TUESDAY, THURSDAY	3:30 – 5:30 PM
★ BRONZE ♥	★ MONDAY ★ TUESDAY, THURSDAY	3:30 – 5:30 PM 3:30 – 6:30 PM
♥ SILVER ♥	MONDAY, TUESDAY, THURSDAY	4:30 – 8:00 PM
★ LEVEL 4 ♥	MONDAY, TUESDAY, THURSDAY	4:30 – 8:30 PM
★ GOLD & PLATINUM ♥	TUESDAY, THURSDAY, FRIDAY	4:30 – 8:30 PM
★ LEVEL 5 & UP ♥	MONDAY, TUESDAY, THURSDAY, FRIDAY	4:30 – 8:30 PM
★ GYM STARS ♥	TUESDAY, FRIDAY	6:30 – 8:30 PM



TEAMWORK
DEDICATION
CONFIDENCE
FUN! ♥

SCHOOL YEAR
SCHEDULE BEGINS
AUGUST 3, 2026 ♥

STRONG BODIES.
STRONG MINDS.
AGA STRONG. ♥

