

Team	Monday	Tuesday	Wednesday	Thursday	Friday
Pre-Team		3:30-5:30		3:30-5:30	
Xcel Bronze	330-530	3:30-6:30		3:30-6:30	
Xcel Silver		430-8		430-8	430-8
4/ 5 Gold/Platinum	430-830	430-830		430-830	
6 and Up	430-830	430-830		430-830	430-830
GymStars	530-730			530-730	