

Team	Monday	Tuesday	Wednesday	Thursday	Friday
Pre-Team		3:30-5:30		3:30-5:30	
Gym Stars		6:00-8:30		6:00-8:30	
Xcel Bronze	3:30-5:30	3:30-6:30		3:30-6:30	
Xcel Silver	4:30-8:00	4:30-8:00		4:30-8:00	
Xcel Gold	4:30-8:30	4:30-8:30		4:30-8:30	
Xcel Platinum/Diamond	4:30-8:30	4:30-8:30		4:30-8:30	
Level 6/7	4:30-8:30	4:30-8:30		4:30-8:30	4:30-8:30